

Recipe Guide

Cocobella Coconut Water Straight Up

- Step 1** Refrigerate product before thickening. Measure 150mL of Cocobella Coconut Water Straight Up.
- Step 2** Add Instant THICK Liquid as per Dose Guide below.
- Step 3** Stir for 30 seconds. Allow to stand for the time indicated below before serving.



Cocobella Coconut Water Straight Up

IDDSI Level	Supplement Volume / mL	instant THICK Liquid Dose	Stand Time (Minutes)	Notes	Consume Within
1 SLIGHTLY THICK	150mL	1 Pump	2		24 Hours
2 MILDLY THICK	150mL	2 Pumps	2		24 Hours
3 MODERATELY THICK	150mL	4 Pumps	2		24 Hours
4 EXTREMELY THICK	150mL	8 Pumps	5		24 Hours

Storage

Once prepared, consume immediately or cover and refrigerate between servings. Discard leftover product after 24 hours, unless otherwise specified.

Instant THICK Liquid is food for special medical purposes. Food and drink thickener for the dietary management of dysphagia. Use under medical supervision. For oral consumption only. Not suitable as a sole source of nutrition. Not suitable for children under 3 years of age.

The recipe provided in this resource is intended as a guide only. If the desired consistency is not achieved, allow the drink to stand and stir again before serving. It is the responsibility of the person administering instant THICK Liquid to ensure the liquid is thickened to the prescribed IDDSI level.

The use of brand names and/or listing of specific commercial products is solely for educational purposes and does not imply endorsement of these brands, nor discrimination against similar brands, products or services not mentioned.

All information stated is correct at the time of publishing and subject to change without notice.