



RECOVER

ENERGY + PROTEIN



1.4
kcal/mL

13.5g
PROTEIN

CLEAR
FLUID

LACTOSE
FREE

Energy-dense and high in protein, RECOVER, is a lactose free and clear, low volume nutrition solution designed for easy consumption and to support recovery for all.

Order Now
Speak with your BDM today



ENERGY + PROTEIN

Support recovery with low volume nutrition that's easy on digestion.

○ Digestion Friendly

Lactose free, gluten free, clear and low volume drink for easier consumption.

○ Suitable for All

Designed for those over one year of age, supporting nutritional intake across all stages of life.

○ Engaging Design

The can design encourages regular intake through a familiar, non-clinical experience that feels more like a beverage than medicine.

○ Sustainable Solution

100% recyclable can with a 10 cents refund through Containers for Change.

THE RECOVER RANGE

Available in two fruity flavours, watermelon and wildberry.

Recover Energy + Protein is a clear, non-carbonated liquid suitable for individuals aged one year and older.



Watermelon

Nutrition Information (Avg Qty)

Servings Per Pack: 1	Per	Per
Serving Size: 135mL	Serve	100mL
Energy (kJ)	786	582
(kcal)	189	140
Protein (g)	13.5	10.0
- gluten (mg)	Not Detected	
Fat, total (g)	0	0
- saturated (g)	0	0
Carbohydrate (g)	32.1	23.8
- sugars (g)	8.3	6.2
- lactose (g)	0	0
- galactose (g)	0	0
Dietary Fibre (g)	0	0
Sodium (mg)	28	36
Potassium (mg)	49	36
L-Arginine (g)	1.2	0.9

INGREDIENTS: Water, Maltodextrin, Hydrolysed Collagen, Sugar, Acidity Regulators (296, 330), Flavour, Preservative (202), Colour (129).



Wildberry

Nutrition Information (Avg Qty)

Servings Per Pack: 1	Per	Per
Serving Size: 135mL	Serve	100mL
Energy (kJ)	786	582
(kcal)	189	140
Protein (g)	13.5	10.0
- gluten (mg)	Not Detected	
Fat, total (g)	0	0
- saturated (g)	0	0
Carbohydrate (g)	31.9	23.6
- sugars (g)	6.9	5.1
- lactose (g)	0	0
- galactose (g)	0	0
Dietary Fibre (g)	0	0
Sodium (mg)	7	6
Potassium (mg)	48	36
L-Arginine (g)	1.2	0.9

INGREDIENTS: Water, Maltodextrin, Hydrolysed Collagen, Sugar, Acidity Regulators (330, 296, 338), Flavour, Preservative (202), Colours (129, 133).

Suitable Diets

- High Energy High Protein
- Clear Fluid
- Liquid Diet
- Fluid Restrictions
- Pre- and Post-Operative
- Fat Modified
- Texture Modified - IDDSI Levels 1-4 thickened with instant THICK

Clinical Indications

- Malnutrition
- Increased Energy and Protein Needs
- Poor Appetite / Anorexia
- Unintentional Weight Loss
- Pre- and Post-Operative (Clear Fluid Diets)
- Low Volume Tolerance
- Fluid Restrictions
- Hydration
- Fat Malabsorption
- Digestive Intolerance (Lactose, Gluten)

Food for special medical purposes. For the dietary management of malnutrition. Use under medical supervision. Not for parenteral use. Not suitable as a sole source of nutrition or for children under 1 year of age.