

RANGE AT A GLANCE

Dysphagia

PRODUCT	FLAVOUR	ENERGY PER SERVE kJ (kcal)	PROTEIN PER SERVE (g)	AMYLASE RESISTANT	GLUTEN FREE	NUT FREE	SOY FREE	DAIRY FREE	LACTOSE	LOW SODIUM	LOW GI	NUTRITIONALLY COMPLETE	HALAL CERTIFIED	KOSHER CERTIFIED	VEGETARIAN SUITABLE	VEGAN SUITABLE	
THICKENED READY-TO-DRINK																	
Waters		Water AVAILABLE IN:	55 (13)	0.1	AR	GF	NF	SF	DF	LF	LIS	-	-	HL	KO	VE	VG
		Watermelon Flavoured AVAILABLE IN:	138 (33)	0.1	AR	GF	NF	SF	DF	LF	LIS	-	-	HL	KO	VE	VG
Diet Drink		Lemon AVAILABLE IN:	116 (28)	0.1	AR	GF	NF	SF	DF	LF	LIS	-	-	HL	KO	VE	VG
Cordial Drinks		Lime Flavoured AVAILABLE IN:	429 (103)	0	AR	GF	NF	SF	DF	LF	LIS	-	-	HL	KO	VE	VG
		Citrus Flavoured AVAILABLE IN:	389 (93)	0	AR	GF	NF	SF	DF	LF	LIS	-	-	HL	KO	VE	VG
		Raspberry Flavoured AVAILABLE IN:	430 (103)	0	AR	GF	NF	SF	DF	LF	LIS	-	-	HL	KO	VE	VG
Real Fruit Juices		Apple AVAILABLE IN:	360 (86)	0.3	AR	GF	NF	SF	DF	LF	LIS	-	-	HL	KO	VE	VG
		Orange AVAILABLE IN:	352 (84)	0.9	AR	GF	NF	SF	DF	LF	LIS	-	-	HL	KO	VE	VG
		Sun AVAILABLE IN:	458 (110)	0.5	AR	GF	NF	SF	DF	LF	LIS	-	-	HL	KO	VE	VG
Functional Drinks		Cranberry AVAILABLE IN:	453 (109)	0.1	AR	GF	NF	SF	DF	LF	-	-	-	HL	KO	VE	VG
		Pear AVAILABLE IN:	330 (79)	0.2	AR	GF	NF	SF	DF	LF	LIS	-	-	HL	KO	VE	VG
Hot Drinks		White Tea AVAILABLE IN:	84 (20)	0.2	AR	GF	NF	SF	DF	LF	LIS	-	-	HL	KO	VE	VG
		White Coffee AVAILABLE IN:	169 (41)	1.5	AR	GF	NF	SF	-	LHL	LIS	-	-	HL	KD	VE	-
THICKENED SUPPLEMENTS																	
Creamy Drinks		Chocolate AVAILABLE IN:	560 (134)	5.4	AR	GF	NF	SF	-	-	LIS	-	-	HL	KD	VE	-
		Dairy AVAILABLE IN:	489 (117)	7.0	AR	GF	NF	SF	-	-	LIS	-	-	HL	KD	VE	-
		Strawberry Flavoured AVAILABLE IN:	616 (148)	6.3	AR	GF	NF	SF	-	-	LIS	-	-	HL	-	-	-
Protein Fortified		Caramel Flavoured AVAILABLE IN:	1100 (264)	15.0	AR	GF	NF	SF	DF	LF	-	-	HL	-	-	-	
		Lemon Lime Flavoured AVAILABLE IN:	711 (171)	15.2	AR	GF	NF	SF	DF	LF	-	-	-	HL	-	-	-
Nutritionally Complete		Apple Berry Flavoured AVAILABLE IN:	1120 (269)	15.2	AR	GF	NF	SF	DF	LF	-	-	NC	HL	-	-	-
		Chocolate AVAILABLE IN:	1120 (269)	15.0	AR	GF	NF	SF	-	LHL^	-	-	NC	HL	-	-	-
		Iced Coffee Flavoured AVAILABLE IN:	1110 (266)	15.2	AR	GF	NF	SF	DF	LF	-	-	NC	HL	-	-	-
		Vanilla Flavour AVAILABLE IN:	1100 (264)	15.0	AR	GF	NF	SF	-	LF	-	-	NC	HL	-	-	-
THICKENER																	
instant THICK Liquid		Neutral AVAILABLE IN:	78 (19)	0.1	AR	GF	NF	SF	DF	LF	LIS	-	-	HL	KO	VE	VG
instant THICK Powder		Neutral AVAILABLE IN:	47 (11)	0	AR	GF	NF	SF	DF	LF	-	-	HL	KO	VE	VG	
thickplus Powder		Neutral AVAILABLE IN:	81 (20)	0.2	AR	GF	NF	SF	DF	LF	-	-	HL	KO	VE	VG	

^Only IDDSI levels 2 and 3

PRODUCT	FLAVOUR	TEXTURE MODIFIED	ENERGY PER SERVE kJ(kcal)	PROTEIN PER SERVE (g)	AMYLASE RESISTANT	GLUTEN FREE	NUT FREE	SOY FREE	DAIRY FREE	LACTOSE	LOW SODIUM	LOW GI	NUTRITIONALLY COMPLETE	HALAL CERTIFIED	KOSHER CERTIFIED	VEGETARIAN SUITABLE	VEGAN SUITABLE
TEXTURE MODIFIED FOOD																	
Shape It Instant Shaping Powder		Neutral		12 (3)	0	AR	GF	NF	SF	DF	LF	-	-	HL	KO	VE	VG

RANGE AT A GLANCE

Nutrition

PRODUCT	FLAVOUR	TEXTURE MODIFIED	ENERGY PER SERVE kJ (kcal)	PROTEIN PER SERVE (g)	AMYLASE RESISTANT	GLUTEN FREE	NUT FREE	SOY FREE	DAIRY FREE	LACTOSE	LOW SODIUM	LOW GI	NUTRITIONALLY COMPLETE	HALAL CERTIFIED	KOSHER CERTIFIED	VEGETARIAN SUITABLE	VEGAN SUITABLE	
NUTRITIONALLY COMPLETE																		
AdVital Nutritionally Complete Powder	Neutral	-	420 (101)	15.1	AR	GF	NF	SF	-	L:L	-	+GI	NC	HL	KD	VE	-	
	Chocolate	-	420 (101)	15.5	AR	GF	NF	SF	-	L:L	-	+GI	NC	HL	KD	VE	-	
	Vanilla	-	420 (101)	15.1	AR	GF	NF	SF	-	L:L	-	+GI	NC	HL	KD	VE	-	
AdVital Hospital Strength Powder	Neutral	-	1000 (240)	14.6	AR	GF	NF	SF	-	-	-	-	NC	HL	KD	VE	-	
AdVital Mousse	Chocolate	4	647 (155)	8.1	AR	GF	NF	SF	-	-	-	-	NC	HL	KD	VE	-	
AdVital Smooth Fruits	Apple & Plum	4	748 (180)	15.1	AR	GF	NF	SF	DF	LF	-	-	NC	HL	-	-	-	
	Banana & Mango	4	748 (180)	15.1	AR	GF	NF	SF	DF	LF	-	-	NC	HL	-	-	-	
HIGH PROTEIN																		
Argie Wound Care	Orange Flavour	-	1270 (305)	15.0	AR	GF	NF	SF	DF	LF	L:S	-	-	HL	-	-	-	
	Green Apple Flavour	-	1270 (305)	15.0	AR	GF	NF	SF	DF	LF	L:S	+GI	-	HL	-	-	-	
2.5kcal Nutritionally Complete	Vanilla Flavour	-	1820 (437)	20.2	AR	GF	NF	SF	DF	LF	-	-	NC	HL	-	-	-	
ProKick Protein Drink	Watermelon	-	656 (157)	20.0	AR	GF	NF	SF	DF	LF	L:S	-	-	HL	-	-	-	
	Lemon Lime	-	589 (141)	20.0	AR	GF	NF	SF	DF	LF	L:S	-	-	HL	-	-	-	
	Mango Passionfruit	-	651 (156)	20.0	AR	GF	NF	SF	DF	LF	L:S	-	-	HL	-	-	-	
RECOVER Energy + Protein	Wildberry Flavoured	-	786 (189)	13.5	AR	GF	NF	SF	DF	LF	L:S	-	-	HL	-	-	-	
	Watermelon Flavoured	-	786 (189)	13.5	AR	GF	NF	SF	DF	LF	L:S	-	-	HL	-	-	-	
Fruits with Attitude Fruit Purees	Apple & Apricot	4	501 (120)	8.0	AR	GF	NF	SF	DF	LF	L:S	-	-	HL	-	-	-	
	Banana & Mango	4	501 (120)	8.0	AR	GF	NF	SF	DF	LF	L:S	-	-	HL	-	-	-	
Protein Fortified Pudding	Lemon Lime Flavoured	4	752 (180)	15.1	AR	GF	NF	SF	DF	LF	-	-	-	HL	-	-	-	
SCREAMIES Protein No-Melt Sorbet	Mango	4	1250 (300)	8.0	AR	GF	NF	-	DF	LF	-	-	-	HL	KO	VE	VG	
	Lemon	4	1250 (300)	8.0	AR	GF	NF	-	DF	LF	-	-	-	HL	KO	VE	VG	
SCREAMIES Protein No-Melt Ice-Scream	Salted Carmel	4	1100 (264)	8.1	AR	GF	NF	SF	-	-	-	-	-	HL	KD	VE	-	
	Chocolate	4	1200 (288)	8.2	AR	GF	NF	SF	-	-	L:S	-	-	HL	KD	VE	-	
DRINKS, SNACKS & DESSERTS																		
Juice	Pear	-	324 (78)	0.1	AR	GF	NF	SF	DF	LF	L:S	-	-	HL	KO	VE	VG	
SCREAMIES No-Melt Ice-Scream	Vanilla Flavour	4	1210 (290)	2.5	AR	GF	NF	SF	-	-	L:S	-	-	HL	KD	VE	-	
	Strawberry	4	1210 (290)	2.4	AR	GF	NF	SF	-	-	L:S	-	-	HL	-	-	-	
	Chocolate	4	1250 (300)	2.8	AR	GF	NF	SF	-	-	L:S	-	-	HL	KD	VE	-	
Flavour Creations Custards	Vanilla Flavoured	4	385 (92)	2.0	AR	GF	NF	SF	-	-	L:S	-	-	HL	KD	VE	-	
	Chocolate	4	396 (95)	2.2	AR	GF	NF	SF	-	-	L:S	-	-	HL	KD	VE	-	
	Banana Flavoured	4	390 (94)	2.0	AR	GF	NF	SF	-	-	L:S	-	-	HL	KD	VE	-	
HIGH ENERGY POWDERS																		
Carb Plus Energy Supplement	Neutral	-	163 (39)	0	AR	GF	NF	SF	DF	LF	L:S	-	-	HL	KO	VE	VG	

Legend

- LF Lactose Free
- L:L Low Lactose: no more than 2g of lactose per 100g of food
- +GI Low Glycemic Index
- KD Kosher Dairy Certified
- KO Kosher Certified
- 1 IDDSI Level 1 - Slightly Thick Drinks
- 2 IDDSI Level 2 - Mildly Thick Drink
- 3 IDDSI Level 3 - Moderately Thick Drinks
- 4 IDDSI Level 4 - Extremely Thick Drink
- 4 IDDSI Level 4 - Pureed Food
- 5 IDDSI Level 5 - Mined & Moist
- 6 IDDSI Level 6 - Soft & Bite-Sized

Flavour Creations products are manufactured in a facility that does not process gluten, tree nuts, peanuts, eggs, sesame seeds, lupins, fish, molluscs or crustaceans. The information provided in this flyer was correct at time of printing. Please refer to FlavourCreations.com.au for the full product information.