

Flavour Creations supports Standard 6 for over 28 years.

Founded in Queensland, for over 28 years Flavour Creations has developed science-backed targeted health and medical nutrition solutions. Today, Flavour Creations is a globally trusted supplier of high-quality, great-tasting products for individuals living with dysphagia and those requiring nutrition support.



Flavour Creations is distinguished by its proactive focus on Nutrition and Meal Planning, Resident-Centred Meal Service, and creating a Positive Dining experience.

To help you meet the outcomes of Standard 6 – Food and Nutrition, we’ve created a Directory of our resources offering practical support across dysphagia, malnutrition, general nutrition and wound care. Use this Directory to explore available resources, support continuous improvement, and feel confident in delivering care that aligns with the Aged Care Quality Standards.

All resources are available on our website, including educational tools, product support, menu inspiration and more. These resources are designed to help you deliver high-quality, enjoyable, nutritious dining experiences that meet individual needs and support quality of life.

Standard 6 Outcomes	Flavour Creations Standards	Directory of Tools
6.1: Partnering with older people on food and nutrition	Nutrition and Meal Planning	<p>Product</p> <ul style="list-style-type: none"> Shape It Instant Powder and Moulds <p>Shape It Website (NEW)</p> <ul style="list-style-type: none"> Shape It Brand Video Shape It Ingredient Calculator Shape It Recipes - Over 80+ recipes available! <p>Periodic Review</p> <ul style="list-style-type: none"> Regular reviews with aged care sites on resident texture modified food, beverages and supplements
6.2: Assessment of nutritional need and preferences	Resident-centred meal planning and service	<p>Applications</p> <ul style="list-style-type: none"> RIMMS - Fluid intake monitoring and review Flavour Creations thickened fluids and supplements by the residents <p>Tools</p> <ul style="list-style-type: none"> Argie Wound Care Checklist Shape It Ingredient Calculator <p>Articles</p> <p>Flavour Creations</p> <ul style="list-style-type: none"> Dysphagia: Symptoms, Causes and Treatments Dysphagia-Induced Dehydration: Causes, Symptoms and Impacts Living Successfully with Dysphagia The Complete Guide to Texture Modified Diets How Dysphagia Can Cause Malnutrition <p>Shape It Website</p> <ul style="list-style-type: none"> Dysphagia and Mealtimes: Fostering Inclusion, Dignity, and Joy Top 5 Tools Every Dysphagia-Friendly Kitchen Needs Understanding the IDDSI Framework: Food Levels Explained A Beginner’s Guide to Preparing an IDDSI Level 4 Pureed Diet Step-by-Step Guide: Using Silicone Moulds to Shape Texture Meals <p>Tutorial Videos</p> <ul style="list-style-type: none"> Shape It <ul style="list-style-type: none"> Shape It Tutorial – Peas Shape It Tutorial – Watermelon Shape It Tutorial – Peaches Shape It Tutorial – White Fish Shape It Tutorial – Carrots Shape It Tutorial – Beef instant THICK Liquid Mixing Videos – Single Serve <ul style="list-style-type: none"> instant THICK Liquid Single Serve Mixing Video – Level 1 Slightly Thick instant THICK Liquid Single Serve Mixing Video – Level 2 Mildly Thick instant THICK Liquid Single Serve Mixing Video – Level 3 Moderately Thick instant THICK Liquid Single Serve Mixing Video – Level 4 Extremely instant THICK Liquid Mixing Videos – Bulk Serve <ul style="list-style-type: none"> instant THICK Liquid Bulk Serve Mixing Videos – Level 1 Slightly Thick instant THICK Liquid Bulk Serve Mixing Videos – Level 2 Mildly Thick instant THICK Liquid Bulk Serve Mixing Videos – Level 3 Moderately Thick instant THICK Liquid Bulk Serve Mixing Videos – Level 4 Extremely

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6.2: Assessment of nutritional need and preferences	Resident-centred meal planning and service	<p>Recipe and Mixing Guides</p> <ul style="list-style-type: none"> ▪ Shape It <ul style="list-style-type: none"> ◦ Shape It Recipe Guide ▪ AdVital Complete Nutrition <ul style="list-style-type: none"> ◦ AdVital Powder Recipe Guide – Bulk Serve ◦ AdVital Powder Recipe Guide – Bulk Serve (Chinese) ◦ AdVital Powder Recipe Guide – Single Serve (Healthy Ageing) ◦ AdVital Powder Recipe Guide – Single Serve (Healthy Living) ◦ AdVital Powder Recipe Guide – High Energy Milkshake ◦ AdVital Powder Mixing Guide – Single and Bulk Serve ◦ AdVital Powder Mixing Guide – Single and Bulk (Chinese) ◦ AdVital Hospital Strength Mixing Guide – Single and Bulk Serve ▪ instant THICK Single Serve <ul style="list-style-type: none"> ◦ instant THICK Powder Mixing Guide ◦ instant THICK Powder Mixing Guide - Pictorial ◦ instant THICK Powder Mixing Guide - Fresenius Kabi ◦ instant THICK Powder Recipe Guide – Flavour Creations Supplements ◦ instant THICK Powder Recipe Guide – Medicines ◦ instant THICK Powder Recipe Guide – Hydralyte Products ◦ instant THICK Liquid Mixing Guide – Cold and Hot Drinks ◦ instant THICK Liquid Mixing Guide – Alcoholic and Medical ◦ instant THICK Liquid Mixing Guide – Soups ◦ instant THICK Liquid Recipe Guide – Flavour Creations Supplements ◦ instant THICK Liquid Recipe Guide – Abbott Supplements ◦ instant THICK Liquid Recipe Guide – Hydralyte Products ◦ instant THICK Liquid Recipe Guide – Medicines ▪ instant THICK Bulk Serve <ul style="list-style-type: none"> ◦ instant THICK Powder Bulk Serve Mixing Guide ◦ instant THICK Powder Bulk Serve Mixing Guide - Pictorial ◦ instant THICK Liquid Bulk Serve Mixing Guide - Cold and Hot Drinks ▪ thickplus Thickening Powder <ul style="list-style-type: none"> ◦ thickplus Thickening Powder Bulk Serve Mixing Guide
6.3: Provision of food and drink	Resident-centred meal planning and service	<p>Application</p> <ul style="list-style-type: none"> ▪ RIMMS - Fluid intake monitoring and review Flavour Creations thickened fluids and supplements by the residents <p>Recipe Guides</p> <ul style="list-style-type: none"> ▪ Recipe Library and Guides - Shape It, AdVital, instant THICK ▪ Recipe Collections – Website, for example: <ul style="list-style-type: none"> ◦ Shape It Easter Collection ◦ Shape It Anzac Day Collection ◦ Shape It Mother’s Day Collection ◦ Shape It Father’s Day Collection ◦ Shape It Festive Season Collection <p>Food Service and Texture Modified Tools</p> <ul style="list-style-type: none"> ▪ Hybrid food service model to offer variety (Partnership with HubFoods and Riseup) ▪ Shape It Food Moulds – Largest Range (New Hot Chip Mould available now!) <p>Access to Nutritious Snacks and Drinks</p> <ul style="list-style-type: none"> ▪ High Protein Snack Range Flyer ▪ Largest range of thickened fluids in our patented Dysphagia Cup ▪ Dysphagia Cup Holder to empower residents to hold our thickened ready-to-drink cups <p>Training</p> <ul style="list-style-type: none"> ▪ Shape It Cooking – onsite, personalised IDDSI Level texture modified food chef training ▪ Set-up Guide - Mid-meal snacks and hydration guide
6.4: Dining experience	A positive dining environment	<p>Share Meals with Visitors</p> <ul style="list-style-type: none"> ▪ Shape It Powder - Side by Side Presentations ▪ Snack Range



SCAN FOR FLAVOUR CREATIONS RESOURCES

Need support? Please contact your local Flavour Creations Business Development Manager.