

# AdVital

COMPLETE NUTRITION



# Grab & Go

## Nutritionally Complete Snacks



- ✓ Packed With Protein
- ✓ 27 Vitamins & Minerals
- ✓ Gluten, Nut & Soy Free
- ✓ No Artificial Colours & Flavours

Available Now!  
[FlavourCreations.com.au](http://FlavourCreations.com.au)



## CHOCOLATE MOUSE

Available in 2 Packs



### INGREDIENTS

Water, Full Cream Milk Powder, Sugar, Calcium Caseinate (Milk), Inulin, Natural Flavours, Maltodextrin, Cocoa Powder (0.9%), Thickener [415], Minerals [Calcium Carbonate, Sodium Chloride, Magnesium Oxide, Copper Sulphate, Ferric Pyrophosphate, Zinc Sulphate Monohydrate, Manganese Sulphate Monohydrate, Chromium Chloride, Sodium Molybdate, Sodium Selenite, Potassium Iodide], Vitamins [Ascorbic Acid, dl-Alpha-Tocopherol Acetate, Cholecalciferol, Niacinamide, Retinol Acetate, Calcium Pantothenate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Phytonadione, Biotin, Cyanocobalamin, Folic Acid], Salt, Stabilisers [452, 450].

**CONTAINS MILK.**

## BANANA & MANGO

Available in 2 Packs



### INGREDIENTS

Fruits [54%] [Apple Puree [33%], Banana [12%], Mango [9%]], Water, Hydrolysed Collagen, Sugar, Humectant [422], Fibres [Inulin, Potato, Bamboo], Thickeners [440, 415, 417], Vitamin & Mineral premix [Mineral Salts [Calcium Chloride, Potassium Citrate, Magnesium Oxide, Cupric Sulphate, Ferric Pyrophosphate, Zinc Sulphate Monohydrate, Manganese Sulphate Monohydrate, Chromium Chloride, Sodium Molybdate, Sodium Selenite, Potassium Iodide], Maltodextrin, Vitamins [Ascorbic Acid, dl-Alpha-Tocopherol Acetate, Niacinamide, Retinol Acetate, Calcium Pantothenate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Phytonadione, Cholecalciferol, Cyanocobalamin, Folic Acid, Biotin], Anticaking Agent [Silicon Dioxide]], Acidity Regulator [295], Natural Flavour, Stabiliser [452, 450], Natural Colour [171, 161b], Preservative [200].

## APPLE & PLUM

Available in 2 Packs



### INGREDIENTS

Fruits [59%] [Apple Puree [51%], Reconstituted Plum [8%]], Hydrolysed Collagen, Water, Sugar, Humectant [422], Fibres [Inulin, Potato, Bamboo], Thickeners [440, 415, 417], Vitamin & Mineral premix [Mineral Salts [Calcium Chloride, Potassium Citrate, Magnesium Oxide, Cupric Sulphate, Ferric Pyrophosphate, Zinc Sulphate Monohydrate, Manganese Sulphate Monohydrate, Chromium Chloride, Sodium Molybdate, Sodium Selenite, Potassium Iodide], Maltodextrin, Vitamins [Ascorbic Acid, dl-Alpha-Tocopherol Acetate, Niacinamide, Retinol Acetate, Calcium Pantothenate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Phytonadione, Cholecalciferol, Cyanocobalamin, Folic Acid, Biotin], Anticaking Agent [Silicon Dioxide]], Natural Flavour, Acidity Regulator [296], Stabiliser [452, 450], Natural Colour [120], Preservative [200].

### NUTRITION INFORMATION

(Average Quantity)

Serving Size: 110g  
Servings Per Package: 1

	CHOCOLATE MOUSSE			
	Units	Per Serve	Per 100g	% Dietary Intake per serve
Energy	kJ	647	588	-
	kcal	155	141	-
Protein	g	8.1	7.4	-
- gluten	mg	Not Detected		
Fat, total	g	3.7	3.4	-
- saturated	g	2.4	2.2	-
- trans	g	0.1	0.1	-
Cholesterol	mg	12.0	11.1	-
Carbohydrate	g	20.7	18.8	-
- sugars	g	17.8	16.2	-
- lactose	g	5.7	5.1	-
- galactose	g	0	0	-
Dietary Fibre	g	3.6	3.3	-
Sodium	mg	182	165	-
Potassium	mg	203	184	-
Vitamin A	µg	106	96	14%*
Thiamine (Vitamin B1)	mg	0.28	0.26	25%*
Riboflavin (Vitamin B2)	mg	0.13	0.12	8%*
Niacin (Vitamin B3)	mg	1.9	1.8	19%*
Folate	µg	32	29	16%*
Vitamin B6	mg	0.26	0.23	16%*
Vitamin B12	µg	0.11	0.1	5%*
Vitamin C	mg	3.5	3.2	9%*
Vitamin D	µg	4.2	3.8	42%*
Vitamin E	mg	1.9	1.8	19%*
Vitamin K	µg	12	11	15% <sup>^</sup>
Biotin	µg	4.8	4.4	16% <sup>^</sup>
Pantothenic acid	mg	0.7	0.7	14% <sup>^</sup>
Calcium	mg	259	235	32%*
Chloride	mg	47	42	-
Chromium	µg	7	7	4% <sup>^</sup>
Copper	mg	0.25	0.22	8% <sup>^</sup>
Iodine	µg	10	9	7%*
Iron	mg	2.4	2.2	20%*
Magnesium	mg	24	2.2	7%*
Manganese	mg	0.33	0.30	7% <sup>^</sup>
Molybdenum	µg	10	9	4% <sup>^</sup>
Phosphorus	mg	169	154	17%*
Selenium	µg	4.8	4.4	7%*
Zinc	mg	1.2	1.1	10%*

### BANANA & MANGO

Serving Size: 120g  
Servings Per Package: 1

	BANANA & MANGO			
	Units	Per Serve	Per 100g	% Dietary Intake per serve
Energy	kJ	748	623	-
	kcal	180	150	-
Protein	g	15.1	12.5	-
- gluten	mg	Not Detected		
Fat, total	g	0.1	0.1	-
- saturated	g	0.1	0.1	-
- trans	g	0	0	-
Cholesterol	mg	0	0	-
Carbohydrate	g	26.2	21.8	-
- sugars	g	20.6	17.2	-
- lactose	g	0	0	-
- galactose	g	0	0	-
Dietary Fibre	g	4.7	3.9	-
Sodium	mg	179	149	-
Potassium	mg	200	167	-
Vitamin A	µg	250	210	33%*
Thiamine (Vitamin B1)	mg	0.48	0.40	44%*
Riboflavin (Vitamin B2)	mg	0.36	0.30	21%*
Niacin (Vitamin B3)	mg	4.3	3.6	43%*
Folate	µg	70	58	35%*
Vitamin B6	mg	0.84	0.70	53%*
Vitamin B12	µg	0.35	0.29	18%*
Vitamin C	mg	26	22	65%*
Vitamin D	µg	2.2	1.8	22%*
Vitamin E	mg	1.5	1.3	15%*
Vitamin K	µg	16	13	20% <sup>^</sup>
Biotin	µg	8.5	7.1	28% <sup>^</sup>
Pantothenic acid	mg	0.90	0.75	18% <sup>^</sup>
Calcium	mg	148	123	19%*
Chloride	mg	265	221	-
Chromium	µg	32	27	16% <sup>^</sup>
Copper	mg	0.25	0.21	8% <sup>^</sup>
Iodine	µg	22	18	15%*
Iron	mg	2.3	1.9	19%*
Magnesium	mg	60	50	19%*
Manganese	mg	0.80	0.67	16% <sup>^</sup>
Molybdenum	µg	20	17	8% <sup>^</sup>
Phosphorus	mg	140	120	14%*
Selenium	µg	18	15	26%*
Zinc	mg	2.0	1.7	17%*

### APPLE & PLUM

Serving Size: 120g  
Servings Per Package: 1

	APPLE & PLUM			
	Units	Per Serve	Per 100g	% Dietary Intake per serve
Energy	kJ	748	623	-
	kcal	180	150	-
Protein	g	15.1	12.5	-
- gluten	mg	Not Detected		
Fat, total	g	0.1	0.1	-
- saturated	g	0.1	0.1	-
- trans	g	0	0	-
Cholesterol	mg	0	0	-
Carbohydrate	g	26.0	21.7	-
- sugars	g	17.7	14.8	-
- lactose	g	0	0	-
- galactose	g	0	0	-
Dietary Fibre	g	5.6	4.6	-
Sodium	mg	170	142	-
Potassium	mg	151	126	-
Vitamin A	µg	250	210	33%*
Thiamine (Vitamin B1)	mg	0.48	0.40	44%*
Riboflavin (Vitamin B2)	mg	0.36	0.30	21%*
Niacin (Vitamin B3)	mg	4.3	3.6	43%*
Folate	µg	70	58	35%*
Vitamin B6	mg	0.84	0.70	53%*
Vitamin B12	µg	0.35	0.29	18%*
Vitamin C	mg	26	22	65%*
Vitamin D	µg	2.2	1.8	22%*
Vitamin E	mg	1.5	1.3	15%*
Vitamin K	µg	16	13	20% <sup>^</sup>
Biotin	µg	8.5	7.1	28% <sup>^</sup>
Pantothenic acid	mg	0.90	0.75	18% <sup>^</sup>
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Iron	mg	2.3	1.9	19%*
Magnesium	mg	60	50	19%*
Manganese	mg	0.80	0.67	16% <sup>^</sup>
Molybdenum	µg	20	17	8% <sup>^</sup>
Phosphorus	mg	140	120	14%*
Selenium	µg	18	15	26%*
Zinc	mg	2.0	1.7	17%*

# AdVital

COMPLETE NUTRITION



1-SCOOP + FOOD or 100-200mL

20 SERVES PER CAN

AdVital

\*Recommended Dietary Intake (RDI)

<sup>^</sup>Estimated Safe and Adequate Daily Dietary Intakes (ESADDI)