



# Mixing Guide




## Bulk Serve - Cold and Hot Drinks



**Step 1 :** Select the drink and measure the recommended volume.

Category	Drinks	Volume, L	Notes
 Cold Drinks	Water	1.25L	
	Cordial Drinks	1.25L	
	Juice, Fruit	1.25L	
	Milk, Full Cream	1.25L	
 Hot Drinks	Tea - Black	1.0L	
	Tea - White	1.0L	Use 850mL of tea, then add 150mL of full cream milk.
	Coffee - Black	1.0L	
	Coffee - White	1.0L	Use 850mL of coffee, then add 150mL of full cream milk.
	Milk, Full Cream	1.0L	

**Step 2 :** Add instant THICK Liquid as per Dosage Guide.

Bulk Serve Dosage Guide				
IDDSI Level	 1 SLIGHTLY THICK	 2 MILDLY THICK	 3 MODERATELY THICK	 4 EXTREMELY THICK
Amount	1 Pump	2 Pumps	4 Pumps	8 Pumps

**Step 3 :** Stir for 30 seconds and serve^.

^For Hot Drinks, temperature must not exceed 55°C when served, for consumer safety and comfort.



Watch Mixing Videos



**Storage:** Once prepared, cover and refrigerate between servings. '2-hour/4-hour recommended. Discard leftover product after 24 hours, unless otherwise specified. For milk-based hot drinks (white tea, white coffee and milk) consume within 2 hours.

Food for special medical purposes. Food and drink thickener for the dietary management of dysphagia. Use under medical supervision. For oral consumption only. Not suitable as a sole source of nutrition. Not suitable for children under 3 years of age.

This resource is intended as a guide only. The time required to thicken drinks may vary between brands. If the desired consistency is not achieved, allow the drink to stand and re-stir before serving. It is the responsibility of the person administering instant THICK Liquid to ensure the liquid is thickened to the prescribed IDDSI level. All information stated is correct at time of publishing and subject to change without notice.