

# Argie™

Wound Care

## Supports Wound Healing from the Inside Out

Argie Wound Care nutritional beverage provides key nutrients that support muscle health, skin integrity, post surgery recovery, and promotes effective wound healing, reducing the likelihood of infection.



High in energy and collagen protein, enriched with the right balance of L-Arginine, Zinc, and Vitamin C. Argie is backed by science to support wound healing and recovery from the inside out.

### Fun Fact:

The name 'Argie' is a play on its key ingredient, L-Arginine, an amino acid known for its role in wound healing.

Find Out  
More



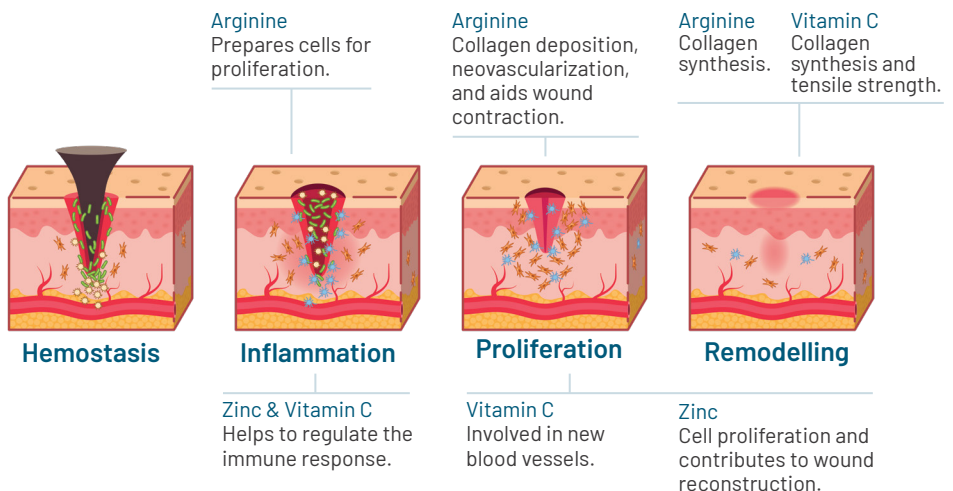
## Impact of Inadequate Nutrition

- Delayed wound healing
- Weakened immune function
- Increased risk of infection
- Reduced mobility
- Decreased physical function
- Increased pain and discomfort
- Low mood, anxiety or depression
- Decreased quality of life

## Wound Healing Process

Optimal wound healing requires an increased demand for calories, protein and the right nutrition. Without enough of the right nutrients, healing can be delayed, and wounds are more likely to become chronic.

### Increased demand for calories and protein



# Know Your Wound



Use our simple checklist to understand the status of your wound.

1.	Do you have a wound?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
2.	Do you know what caused it?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
3.	How long have you had it?		
4.	Are you under the care of a healthcare professional?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
5.	Who is your healthcare professional?		
6.	Does the wound?		
	• Weep or bleed	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	• Have a bad smell	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	• Feel hot to touch	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	• Appear red or inflammed	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	• Appear swollen or have swelling around the edges	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	• Cause increased pain	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	• Wake you at night	<input type="checkbox"/> Yes	<input type="checkbox"/> No
7.	Are you experiencing a fever or chills?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
8.	Is the wound affecting your ability to walk, move or do everyday tasks?	<input type="checkbox"/> Yes	<input type="checkbox"/> No

If you answered yes to 4 or more questions and/or your wound has not healed in 30 days, talk to your pharmacist or healthcare professional immediately.

## Healthcare Professional Review

1.	Dietary intake adjustment:	
2.	Nutritional supplement requirements:	
3.	Exercise program:	

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At the heart of every healing journey is respect, evidence-based care and a commitment to treating the person not just the wound.

**Melissa Freeman**  
Director | Clinical Nurse Specialist | FACN  
Wounds Australia Chair - Clinical Expert  
Advisory Panel  
2024 APNA Nurse of the Year

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Food for special medical purposes. Formulated to provide Protein and L-Arginine for the dietary management of wound care. Use under medical supervision. Not for parenteral use. Not suitable as a sole source of nutrition or for children under 3 years of age.