



Frequently Asked Questions

How do DVA patients obtain a subsidy for nutritional supplements?

Dietitians can support eligible veterans and war widows/widowers in accessing subsidised nutritional supplements through the Department of Veterans' Affairs (DVA).

Steps:

- Assess clinical need If a nutritional supplement, like Argie Wound Care or AdVital Hospital Strength is necessary to support the client's referred condition, complete the D9165 form – <u>D9165 Request for Nutritional</u> Supplementation
- 2. Send your recommendation to:
 - The client's GP, and
 - The Veterans' Affairs Pharmaceutical Advisory Centre (VAPAC).
- 3. The GP contacts VAPAC The doctor must request prior approval for an RPBS Authority prescription.
- 4. Dispensing Once approved, the supplement is dispensed through the client's pharmacy.

For questions call VAPAC on 1800 552 580.

What is the relationship between Flavour Creations and Wounds Australia?

Flavour Creations and Wounds Australia have formed a collaborative partnership to raise awareness of the critical role nutrition plays in wound healing. This partnership reflects a shared commitment to improving health outcomes through evidence-based nutrition.

As part of the partnership, Flavour Creations proudly supports Wounds Australia's research and education initiatives by donating a portion of proceeds from every Argie can and AdVital Hospital Strength Powder can and pail sold.

Wounds Australia CEO Jeff Antcliff:

"...We're confident that this partnership will help more people heal faster."

"We're excited to partner with Flavour Creations, an innovative company that shares our commitment to improving wound care across Australia."

"... This exciting collaboration aims to raise awareness about chronic wounds and highlight the significant role nutrition plays in the chronic wound healing process."

Tell me more about the Wounds Australia Partnership?

Flavour Creations and Wounds Australia have formed a collaborative partnership to raise awareness of the critical role nutrition plays in wound healing. This partnership is grounded in a shared mission to improve health outcomes and quality of life for individuals managing wounds.

Together, we're supporting initiatives that promote education, research, and best-practice care, including:

- Funding Research and Education –
 A portion of proceeds from every Argie can and AdVital Hospital Strength Powder can and pail sold supports Wounds Australia's research, professional development programs and their consumer campaign, "Be Wound Aware."
- Raising Awareness We're partnering to highlight the importance of nutrition in wound care through shared campaigns, events, media contributions and thought leadership.
- Providing Practical Resources Our collaboration delivers tools and support that empowers healthcare professionals to make informed, nutrition-focused decisions for wound management.

This partnership is built on a shared commitment to improving outcomes for individuals living with wounds — combining Flavour Creations nutrition expertise with Wounds Australia's leadership in wound care.

Why is only Argie Wound Care and AdVital Hospital Strength Powder included in the partnership?

Protein and energy are essential building blocks for faster wound healing. While our classic AdVital range and other snacks and drinks deliver these nutrients and support wound recovery among other benefits, Argie Wound Care and AdVital Hospital Strength Powder are our hero brands for Wounds Australia, due to their higher protein and energy content per serve.



Frequently Asked Questions

Is Argie suitable for people with diabetes?

Yes, Argie Green Apple Flavour has a low glycemic index (GI = 50) and is suitable for people with diabetes.

Argie Orange Flavour has a medium glycemic index (GI = 60) and may still be appropriate depending on individual needs, recommend guidance from a healthcare professional.

Why is Argie Green Apple low glycemic index (GI) and Orange isn't?

While both Argie Green Apple and Argie Orange contain the same core ingredients, their glycemic index (GI) differs due to subtle variations in the food acids used in each flavour.

When should an individual start taking Argie Wound Care and for how long?

Argie Wound Care is typically recommended at two serves per day for two weeks or until wound is healed, or as advised by a healthcare professional.

The duration may vary based on individual factors such as the severity of the wound, nutritional intake, other treatments, and overall health.

For best results, it's important to consult a healthcare professional, e.g., dietitian, general practitioner, wound nurse, for personalised quidance to support recovery.

Will Argie Wound Care have any effect on other medication an Individual is taking?

Argie Wound Care is designed to support wound healing. It's important for individuals to consult a healthcare professional to ensure its suitable for their specific circumstances and to check for any potential interactions with medications or treatments.

Should individuals take Argie Wound Care and AdVital Hospital Strength Powder together? If so, will that impact the number of serves per day?

Using AdVital Hospital Strength Powder for food fortification alongside Argie Wound Care may be appropriate, depending on individual needs.

A dietitian can assess these needs and develop a personalised nutrition plan, including guidance on the number of serves per day to support healing and overall wellbeing.

Why does Argie Wound Care display the Wounds Aware logo?

Argie Wound Care proudly displays the "Be Wound Aware" logo as part of our commitment to supporting individuals at risk of developing pressure injuries, foot ulcers and venous leg ulcers—particularly those who are malnourished or at risk of malnutrition.

This initiative reflects our focus on raising awareness and providing nutritional support across all stages of care—from prevention, to wound care and healing, through to ongoing management.

How does Argie Wound Care support wound healing?

Wound care goes beyond cleaning, dressing and pain management—nutrition plays a critical role in promoting fast and effective healing.

Argie Wound Care is specifically formulated to aid in the nutritional management of wounds—including pressure injuries, diabetic ulcers, surgical wounds and chronic, slow-healing wounds.

It delivers key nutrients that support wound healing process:

- Energy Dense (2.0kcal/mL)
- 15g Protein
- 4.5g L-Arginine
- High Zinc
- High Vitamin C

Together, these nutrients help support muscle health, maintain skin structure, and promote wound healing from the inside out.

Refer to the <u>Argie Wound Care Flyer</u> for more details.



Frequently Asked Questions

Why does AdVital Hospital Strength Powder display the Wounds Aware logo?

AdVital Hospital Strength Powder proudly displays the "Be Wound Aware" logo as part of our commitment to supporting individuals at risk of developing pressure injuries, foot ulcers and venous leg ulcers—particularly those who are malnourished or at risk of malnutrition.

This initiative reflects our focus on raising awareness and providing nutritional support across all stages of care—from prevention, to wound care and healing, through to ongoing management.

How does AdVItal Hospital Strength Powder support wound healing?

Early nutrition intervention is essential in preventing and managing malnutrition, pressure injuries, ulcers and skin tears.

High-energy, high-protein, complete nutrition fortification helps support skin integrity, muscle health and immune health, reducing the risk of wounds developing or worsening.

AdVital Hospital Strength Powder is specifically formulated to provide complete, targeted nutrition to support wound healing and recovery.

Key nutrients provided include:

- Protein Essential for tissue repair and collagen formation.
- Fats Necessary for cell membrane integrity and eicosanoid synthesis involved in the inflammatory response in wound healing.
- Zinc Supports tissue repair, cell regeneration, and immune response.
- **Vitamin C** Supports collagen synthesis, immune function and angiogenesis.
- Vitamin A Supports skin cell growth and enhances inflammatory response.
- Iron Essential for oxygen transport to tissues, aiding the healing process.
- B Vitamins Supports collagen synthesis and immune response.
- Complete Nutrition with 27 vitamins & minerals tailored for those at risk of malnutrition and/or pressure injuries.

Refer to the <u>AdVital Hospital Strength Powder</u> <u>Product Flyer</u> for more details.

How many serves of AdVital Hospital Strength Powder is recommended per day?

AdVital Hospital Strength Powder is generally recommended at two serves per day, or as advised by a healthcare professional, based on individual nutritional needs.

How long before I see a difference in skin tears when using AdVital Hospital Strength Powder?

Healing time for skin tears varies between individuals and depends on several factors, including the severity of the tear, age, nutritional intake, other treatments, and overall health. With the right care and support, improvements are possible over time. A healthcare professional can provide tailored guidance based on individual needs to support the healing journey.

Is AdVital Complete Nutrition Powder suitable for wound care?

Yes, AdVital Complete Nutrition may help support nutritional intake, particularly in people with diabetes and gut intolerances. It's high in protein and provides 27 vitamins and minerals, including Zinc, vitamin c, vitamin A, which are important for wound healing.