

NEW LIQUID THICKENER

Ready in 30 Seconds

Instant food and drink thickener for dysphagia management, now available in single-serve and bulk-serve bottles.







instant THICK Liquid

Backed by over 28 Years in Dysphagia Nutrition

Flavour Creations instant THICK Liquid is an innovation in dysphagia nutrition. With over 28 years of expertise, its unique gum-based formulation provides smooth, taste-free thickening in just 30 seconds.

Suitable for hot and cold drinks, food, and medical solutions, instant THICK Liquid ensures compliance with every IDDSI level.

Available in single-serve bottles (950mL and 2.75L) and bulk-serve bottle (2.75L), each format is designed to provide accurate dosing while offering flexibility for either individual servings or larger-volume preparations.

instant THICK Liquid now available in single-serve and bulk-serve bottles!



Supporting Choice, Nutrition and Safety!



Amylase Resistant

A patented formula that is resistant to salivary amylase for a safe swallow.



Accurate Dosing

Pump dispenser delivers an accurate dose every time.



IDDSI Compliant

Consistent dosing guide for each IDDSI level.



Fast Acting

The unique gum blend thickens drinks in 30 seconds.



Lower fibre* to support hydration and nutritional intake after thickening.



For Food & Drinks

Use in cold and hot drinks, supplements, soups and more.



Neutral Flavour

Taste-free to support individual dietary preferences.



Stability Over Time

Once thickened food and drinks remains stable for 24 hours.

Suitable Diets

instant THICK Liquid is taste-free and designed to thicken liquids to suit individual preferences, and it is suitable for use by those 3 years and older.









Gluten Free

ODAILY Free

Markonia Lactose Free

Ø Nut Free

Soy Free

Kosher Certified

Malal Certified

🍼 Vegetarian & Vegan

O Low Sodium

SINGLE SERVE BOTTLE

NUTRITION INFORMATION (Average Quantity)

	Units	Per Serve (1 Pump)	Per100mL
Serving size Servings per pack	mL -	4.6 206	-
Energy	kJ kcal	20 5	423 102
Protein	g	Less than 0.1	0.4
- gluten	mg	Not Detected	Not Detected
Fat, total - saturated	g	0	0
- trans	g g	n	n
Cholesterol	mg	Õ	Ŏ
Carbohydrate	g	0.8	17.2
- sugars	g	0	0
- lactose	g	0	0
- galactose	g	0	0
Dietary fibre	g	0,7	14.5
Sodium	mg	4	92
Potassium Phosphorus	mg mg	Less than 0.1	146 0.8

INGREDIENTS

Water, Glycerine, Emulsifiers (414, 435), Thickeners (415, 417), Acidity Regulator (338), Preservatives (202, 211), Stabiliser (509).





Performance you can count on

Hygienic seal

Accurate dosing

IDDSI Compliant

Recyclable bottle

Perfect for serving areas and trolleys



Easy 3-Step Mixing Guide for Single and Bulk Serves

Fast and safe, instant THICK Liquid is easy to use with our IDDSI-compliant dosing pump. Thicken hot and cold drinks with confidence in just 30 seconds!



Dosage Guide Single Serve		Bulk Serve		
IDDSI Level	* Cold 175mL	Hot 150mL	* Cold 1.25L	Hot 1.0L
1\ SLIGHTLY THICK	1 Pump	1 Pump	1 Pump	1 Pump
2 MILDLY THICK	2 Pumps	2 Pumps	2 Pumps	2 Pumps
MODERATELY THICK	4 Pumps	4 Pumps	4 Pumps	4 Pumps
4 EXTREMELY THICK	8 Pumps	8 Pumps	8 Pumps	8 Pumps



Less Fibre, More Nutrition

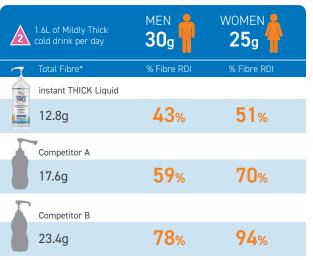
instant THICK Liquid was purposefully designed to provide over 27% less fibre* per mL once thickened, supporting the hydration and nutrition of individuals living with dysphagia.

While fibre is important for gut health, the fibre content in liquid thickeners can influence feelings of satiety, hunger, and appetite.

For people consuming thickened products, this may result in decreased motivation to consume enough food and drinks to meet their nutritional needs.

By containing less fibre, instant THICK Liquid supports a food-first approach to nutrition.

*Water thickened using instant THICK Liquid Single Serve is compared to other single-serve liquid thickeners available in Australia. The fibre amount is based on average quantity per serve.



RDI: Recommended Dietary Intake



[^]Temperature must not exceed 55°C when served, for consumer safety and comfort.



CHOOSE CONFIDENCE IN EVERY INSTANT

More choice with the instant THICK product range.





