



### 20g PROTEIN

SUPPORTS MUSCLE GROWTH & REPAIR



### BCAA

SUPPORTING HYDRATION, MUSCLE REPAIR & REDUCED FATIGUE



### HYDROLYSED COLLAGEN



### DAIRY FREE

TO SUPPORT GUT INTOLERANCES



### MINI 150ML

LESS LIQUID & CONVENIENT



### CLEAR FLUID

SUITABLE FOR CLEAR FLUID DIETS



**20**  
GRAMS  
PROTEIN

BCAA

NO ADDED SUGAR

HYDROLYSED COLLAGEN

Protein per serve	Flavour Creations Mango Passionfruit		Breaka Chocolate Flavoured Milk		Nuricia Health Protein (Vanilla)		Nuricia FortiJuice Apple		Nestle Resource Fruit Flavour Beverage (Orange Flavour)	
	20g	1.04	9.2g	0.75	18g	2.4	7.8g	1.5	9g	1.06
Energy per serve	651	156	790	189	1263	300	1270	300	1055	251
Carbohydrates per serve	16.2g	13.6g	26g	25.5g	30.5	16.6	67.2	28.8	54	33.9
Sugars per serve										
Serving Size	150mL	150mL	250mL	250mL	125mL	200mL	200mL	237mL		
Dairy Free	>	>	X	X	X	X	X	X	X	X
Soy Free	>	>	>	>	X	X	X	X	>	>
Clear Fluid	>	>	X	X	X	X	X	X	>	>

NUTRITION INFORMATION	LEMON LIME		WATERMELON		MANGO PASSIONFRUIT	
	Avg Qty Per Serve	Avg Qty Per 100mL	Avg Qty Per Serve	Avg Qty Per 100mL	Avg Qty Per Serve	Avg Qty Per 100mL
Servings Per Package: 1	589	393	656	437	651	434
Serving Size: 150mL	141	94	157	105	156	104
Energy (kJ)	20.0	13.3	20.0	13.3	20.0	13.3
Energy (Cal)	0.2	0.1	0.1	0.1	0.1	0.1
Protein (g)	0.1	<0.1	0.0	0.0	0.1	<0.1
Fat, total (g)	12.6	8.4	17.0	11.3	16.2	10.8
- saturated (g)	9.8	6.5	13.6	9.1	13.6	9.1
Carbohydrate (g)	5.0	3.3	7.2	4.8	7.2	4.8
- sugars (g)	0.4	0.3	0	0	0	0
- Fructose (g)	111	74	30	20	30	20
Dietary Fibre (g)	1.56	1.04	1.57	1.05	1.56	1.04
Sodium (mg)						
BCAA* (g)						

\*Branched Chain Amino Acids (BCAA) is made up of Leucine, Isoleucine and Valine.

All information is correct at time of publishing and subject to change without notice.

M-PK016-02



**PRO KICK**  
PROTEIN DRINK

A LITTLE CAN OF  
**CAN DO**

BCAA

HYDROLYSED COLLAGEN

**20**  
GRAMS  
PROTEIN

NO ADDED SUGAR

GRAB A LITTLE CAN ONLINE

WWW.PROKICK.COM.AU