

Dysphagia

For full nutritional values on all Flavour Creations products, visit FlavourCreations.com.au

PRODUCT	FLAVOUR	AVAILABLE IN:	ENERGY PER SERVE kJ (kcal)*	PROTEIN PER SERVE (g)*	AMYLASE RESISTANT	GLUTEN FREE	NUT FREE	SOY FREE	DAIRY FREE	LACTOSE	LOW SODIUM	NUTRITIONALLY COMPLETE	HALAL CERTIFIED	KOSHER CERTIFIED	VEGETARIAN SUITABLE	VEGAN SUITABLE
Waters	Water <small>NOW ALSO IN: </small>		55 (13)	0.1								-				
	Watermelon Flavoured		138 (33)	0.1								-				
Diet Drink	Lemon		116 (28)	0.2								-				
Cordial Drinks	Citrus Flavoured		393 (94)	0								-				
	Lime Flavoured		420 (101)	0								-				
	Raspberry Flavoured		427 (102)	0.1								-				
Real Fruit Juices	Apple		360 (86)	0.3								-				
	Orange		352 (84)	0.9								-				
	Sun		458 (110)	0.5								-				
Functional Drinks	Cranberry <small>ONLY IN: </small>		453 (109)	0.1							-	-				
	Pear Juice		330 (79)	0.2								-				
Hot Drinks	White Coffee		160 (38)	1.5					-			-				-
	White Tea		75 (18)	0.2								-				

THICKENED SUPPLEMENTS																
Creamy	Chocolate		566 (136)	5.6					-	-		-				-
	Dairy		489 (117)	7.0					-	-		-				-
	Strawberry Flavoured		620 (149)	6.3					-	-		-		-	-	-
Protein Fortified	Caramel Flavoured		1100 (264)	15.0					-		[^]	-		-	-	-
	Lemon Lime Flavoured		685 (164)	15.2							-	-		-	-	-
Nutritionally Complete	Apple Berry Flavoured		1110 (266)	15.0							-			-	-	-
	Chocolate		1120 (269)	15.0					-		[^]			-	-	-
	Iced Coffee Flavoured		1100 (264)	15.0							-			-	-	-

Instant THICK Powder		Neutral <small>AVAILABLE IN: </small>	51 (12)	0							-	-				
thickplus Powder		Neutral <small>AVAILABLE IN: </small>	78 (19)	0.7							-	-				

PRODUCT	FLAVOUR	ENERGY PER SERVE kJ (kcal)	PROTEIN PER SERVE (g)	AMYLASE RESISTANT	GLUTEN FREE	NUT FREE	SOY FREE	DAIRY FREE	LACTOSE	LOW SODIUM	NUTRITIONALLY COMPLETE	HALAL CERTIFIED	KOSHER CERTIFIED	VEGETARIAN SUITABLE	VEGAN SUITABLE	
TEXTURE MODIFIED FOOD																
Shape It Instant Shaping Powder		Neutral	12 (3)	0							-	-				

*IDDSI Level 3 unless otherwise stated.
[^]Applicable to IDDSI Level 2 & 3 only.

Nutrition

For full nutritional values on all Flavour Creations products, visit FlavourCreations.com.au

PRODUCT	FLAVOUR	ENERGY PER SERVE (kJ (kcal))	PROTEIN PER SERVE (g)	AMYLASE RESISTANT	GLUTEN FREE	NUT FREE	SOY FREE	DAIRY FREE	LACTOSE	LOW SODIUM	NUTRITIONALLY COMPLETE	TEXTURE MODIFIED	HALAL CERTIFIED	KOSHER CERTIFIED	VEGETARIAN SUITABLE	VEGAN SUITABLE
NUTRITIONALLY COMPLETE																
AdVital Powder	Neutral	420 (101)	15.1	AR	GF	NF	SF	-	L+L	-	NC	-	HL	KD	VE	-
	Chocolate	420 (101)	15.5	AR	GF	NF	SF	-	L+L	-	NC	-	HL	KD	VE	-
	Vanilla	420 (101)	15.1	AR	GF	NF	SF	-	L+L	-	NC	-	HL	KD	VE	-
AdVital Mousse	Chocolate	647 (155)	8.1	AR	GF	NF	SF	-	-	-	NC	4	HL	KD	VE	-
AdVital Smooth Fruits	Apple & Plum	790 (190)	15.0	AR	GF	NF	SF	DF	LF	-	NC	4	HL	-	-	-
	Banana & Mango	755 (181)	15.0	AR	GF	NF	SF	DF	LF	-	NC	4	HL	-	-	-
Nutritionally Complete Puddings	Apple Berry Flavoured	1110 (266)	15.0	AR	GF	NF	SF	DF	LF	-	NC	4	HL	-	-	-
	Chocolate	1110 (264)	15.0	AR	GF	NF	SF	-	-	-	NC	4	HL	-	-	-
	Iced Coffee Flavoured	1110 (266)	15.0	AR	GF	NF	SF	DF	LF	-	NC	4	HL	-	-	-
Recover Protein Drink	Watermelon Flavoured	625 (150)	11.0	AR	GF	NF	SF	DF	LF	L+S	-	-	HL	-	-	-
	Wildberry Flavoured	623 (150)	11.0	AR	GF	NF	SF	DF	LF	L+S	-	-	HL	-	-	-
Fruits with Attitude Fruit Purees	Apple & Apricot	493 (118)	8.0	AR	GF	NF	SF	DF	LF	L+S	-	4	HL	-	-	-
	Banana & Mango	533 (125)	8.0	AR	GF	NF	SF	DF	LF	L+S	-	4	HL	-	-	-
	Lemon	713 (171)	8.1	AR	GF	NF	-	DF	LF	-	-	4	HL	KD	VE	VG
Protein Fortified Puddings	Caramel Flavoured	1160 (278)	15.0	AR	GF	NF	SF	-	-	-	-	4	HL	-	-	-
	Lemon Lime Flavoured	718 (172)	15.0	AR	GF	NF	SF	DF	LF	-	-	4	HL	-	-	-
SCREAMIES Protein No-Melt Ice Cream	Salted Caramel	1200 (288)	8.1	AR	GF	NF	SF	-	-	-	-	4	HL	KD	VE	-
	Chocolate	1200 (288)	8.1	AR	GF	NF	SF	-	-	L+S	-	4	HL	KD	VE	-
DRINKS, SNACKS & DESSERTS																
Juice	Pear	324 (78)	0.1	AR	GF	NF	SF	DF	LF	L+S	-	-	HL	KD	VE	VG
SCREAMIES No-Melt Ice Cream	Chocolate	1250 (300)	2.9	AR	GF	NF	SF	-	-	L+S	-	4	HL	KD	VE	-
	Strawberry	1210 (290)	2.4	AR	GF	NF	SF	-	-	L+S	-	4	HL	-	-	-
	Vanilla Flavour	1210 (290)	2.5	AR	GF	NF	SF	-	-	L+S	-	4	HL	KD	VE	-
Flavour Creations Custard	Banana Flavoured	390 (94)	2.0	AR	GF	NF	SF	-	-	L+S	-	4	HL	KD	VE	-
	Chocolate	394 (95)	2.3	AR	GF	NF	SF	-	-	L+S	-	4	HL	KD	VE	-
	Vanilla Flavoured	385 (92)	2.0	AR	GF	NF	SF	-	-	L+S	-	4	HL	KD	VE	-
	Strawberry Flavoured	390 (94)	2.0	AR	GF	NF	SF	-	-	L+S	-	4	HL	-	-	-
Carb Plus Energy Supplement	Neutral	163 (39)	0	AR	GF	NF	SF	DF	LF	L+S	-	-	HL	KD	VE	VG

Legend

- GF Gluten Free
- NF Nut Free
- DF Dairy Free
- SF Soy Free
- AR Amylase Resistant
- LF Lactose Free
- L+L Low Lactose: no more than 2g of lactose per 100g of food
- L+S Low Sodium
- NC Nutritionally Complete
- IDDSI Level 1 - Slightly Thick Drinks
- IDDSI Level 2 - Mildly Thick Drinks
- IDDSI Level 3 - Moderately Thick Drinks
- IDDSI Level 4 - Extremely Thick Drinks
- IDDSI Level 4 - Pureed Food
- HL Halal Certified
- KD Kosher Certified
- KD Kosher Dairy Certified
- VE Vegetarian Suitable
- VG Vegan Suitable

Flavour Creations products are manufactured in a facility that does not process gluten, tree nuts, peanuts, eggs, sesame seeds, lupins, fish, molluscs or crustaceans. The information provided in this flyer was correct at time of printing. Please refer to FlavourCreations.com.au for the latest product information.