



# Mixing Guide



AdVital Neutral Powder is nutritionally complete with 15g of protein and 27 vitamins and minerals in just one scoop. A neutral-flavoured supplement, add AdVital Neutral Powder to foods and drinks without altering the flavour or aroma.



Bulk Serve		Single Serve	
	Measure 800mL of food or fluid.		Measure 100mL-200mL of food or fluid.
	Add 1 metric cup (100g) of AdVital Neutral Powder <sup>^</sup> .		Add 1-scoop (25g) of AdVital Neutral Powder <sup>^</sup> [enclosed].
	Blend with a blender, or stick mixer until dissolved. Serve* and enjoy!		Stir or shake until dissolved. Serve* and enjoy!

\*For hot beverages, temperature must not exceed 60°C when served, for consumer safety and comfort. <sup>^</sup>One serving of this product is low in FODMAPs only.

**STORAGE:** Store in cool dry place and use within 4 weeks after opening. Always use clean and dry scoop provided. All prepared products should be tightly covered and consumed within 6 hours at room temperature or within 24 hours if refrigerated. Food and Drinks should be handled and stored according to Food Safety protocols.

**ALLERGEN: CONTAINS MILK.**



Boost Energy with Carb+ Plus Energy Supplement

**For recipe ideas visit [AdVital.com.au](http://AdVital.com.au)**

Suitable as a sole source of nutrition. Food for special medical purposes. Formulated to provide protein, energy, vitamins and minerals for medical conditions where nutritional needs cannot be met by diet modification alone. Use under medical supervision. Not for parenteral use. Not suitable for children under 1 year of age. Monash University Low FODMAP Certified™ product. Trade marks used under licence in Australia and New Zealand by Flavour Creations. Monash University has assessed this product as being low in FODMAPs only. One serving of this product is low in FODMAPs. If a low FODMAP diet is being followed, use the Monash University FODMAP Diet App to find suitable low FODMAP ingredient alternatives.



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