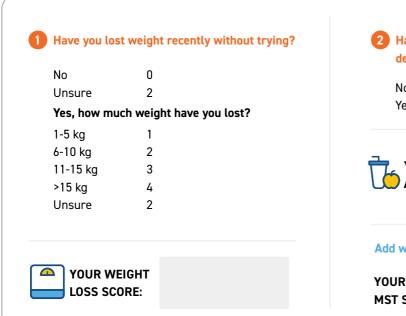
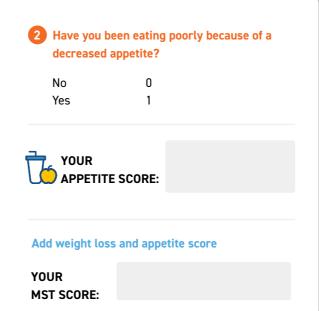


## MALNUTRITION SCREENING TOOL (MST)^

## **STEP 1: DETERMINE OVERALL RISK**







## **STEP 2: DECISION & ACTION**

MST = 0 OR 1

NOT AT RISK

ACTIONS

- · Observe
- · Re-screen Monthly

MST = 2 OR MORE



## AT RISK ACTIONS

- High Protein High Energy Diet
- · Start Nutrition Supplements (e.g. AdVital Powder)
- · Make an Appointment to see a Dietitian
- · Weigh Weekly

To find an Accredited Practicing Dietitian visit

DietitiansAustralia.org.au/find-an-apd

<sup>^</sup>Ferguson M, Capra S, Bauer J, Banks M. (1999). Development of a valid and reliable malnutrition screening tool for adult acute hospital patients. Nutrition, 15, 458-64.