

# MIXING GUIDE

## Bulk Serve



### MIXING METHOD

Suitable for water, cordial, juice and milk.

#### HAND MIXING

##### STEP 1

Measure the required amount of fluid and instant THICK as per Bulk Dosage Guide.



##### STEP 2

Whilst stirring, add instant THICK and stir until dissolved.



##### STEP 3

Allow to stand for 2-5 minutes\* then re-stir until desired consistency is reached. Ready to serve or refrigerate for up to 24 hours.



#### ELECTRIC MIXING

##### STEP 1

Measure the required amount of fluid and instant THICK as per Bulk Dosage Guide.



##### STEP 2

Place stick mixer into the fluid, and while running, add instant THICK and blend until desired consistency is reached.



To prevent aeration, do not break the surface of the fluid while the mixer is running.

##### STEP 3

Ready to serve or refrigerate for up to 24 hours.



\*When hand mixing with milk, allow to stand for 10 minutes.

### BULK DOSAGE GUIDE

Fluid volume must be as specified for IDDSI compliance and consumer safety. Use a flat straight edge to level the powder.

	Thickness	instant THICK Amount	Volume
	<b>Level 1</b> Slightly Thick	1 Tablespoon	1000 - 1200 mL
	<b>Level 2</b> Mildly Thick	1/8 Metric Cup	1000 - 1200 mL
	<b>Level 3</b> Moderately Thick	1/4 Metric Cup	1000 - 1200 mL
	<b>Level 4</b> Extremely Thick	1/2 Metric Cup	1000 - 1200 mL

**Food for Special Medical Purposes.** Food and drink thickener for the dietary management of dysphagia. Use under medical supervision. Not suitable as a sole source of nutrition. Not suitable for children under 12 months of age. For oral consumption only. All information stated is correct at time of publishing and subject to change without notice. Flavour Creations is a gluten and nut free manufacturing environment.