

flavour
creations

instantTM
THICK
Powder

CONFIDENCE IN EVERY INSTANT



FlavourCreations.com.au

A thickening powder for individuals with dysphagia (swallowing difficulty).

- ✓ One scoop per serve
- ✓ Taste-free to improve hydration
- ✓ Dissolves clear
- ✓ Gluten, nut and dairy free

Mixing Guide

Single Serve



Suitable for water, cordial, juice, milk and hot drinks.

STEP 1



Measure the fluid as directed on pack[^]*



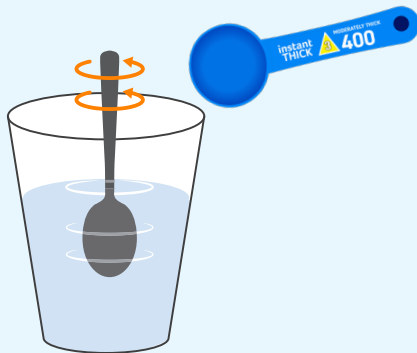
Select and measure a levelled scoop

OR

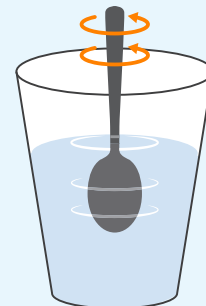
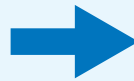


Open 1 sachet

STEP 2

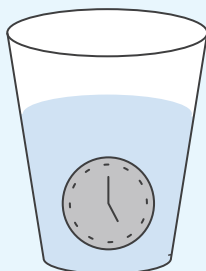


Whilst stirring, add instant THICK

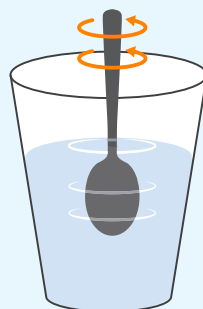
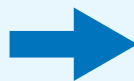


Stir until dissolved

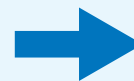
STEP 3



Wait for 2-5 minutes[^]



Re-stir until desired consistency is reached



Serve

[^]For Milk we recommend 190mL for Level 1, 2 and 3; and 200mL for Level 4 of fluid. Allow to stand for 10 minutes, before serving.

*For Hot Drinks we recommend 170mL of fluid. Temperature must not exceed 60°C when served, for consumer safety and comfort.

For more drink recipes refer to the Mixing Guides at FlavourCreations.com.au

Food for special medical purposes. Food and drink thickener for the dietary management of dysphagia. Use under medical supervision. Not suitable as a sole source of nutrition. Not suitable for children under 1 year of age. For oral consumption only. Flavour Creations is a gluten and nut free manufacturing environment. All information stated is correct at time of publishing and subject to change without notice.