

flavour
creations

instant
THICK
Powder

CONFIDENCE IN EVERY INSTANT



FlavourCreations.com.au

A thickening powder for individuals with dysphagia (swallowing difficulty).

- ✓ One scoop per serve
- ✓ Taste-free to improve hydration
- ✓ Dissolves clear
- ✓ Gluten, nut and dairy free

PREMIUM THICKENER

Made with premium quality Xanthan gum, instant THICK Powder is a food and drink thickener for individuals with dysphagia. With no added colours, flavours or preservatives, instant THICK can be used to thicken hot or cold drinks, alcoholic beverages and medical solution for compliance at each IDDSI Level.



**Amylase
Resistant**



**One Scoop
Per Serve**



IDDSI Compliant



**Taste
Free**



**Dissolves
Clear**



**Temperature
Stable**

SUITABLE DIETS

- Texture Modified Diets**
- Gluten Free**
- Nut Free**
- Dairy Free**
- Lactose Free**
- Soy Free**
- Kosher Certified**
- Halal Certified**
- Vegetarian & Vegan**

EASY 3 STEP MIXING GUIDE

Thickening food and drinks is easy with our unique, IDDSI compliant scoop system. Quick, safe and easy to use, the instant THICK system assists with compliance, reduces wastes and saves time.

STEP 1



POUR A DRINK

Select a drink and pour the recommended fluid volume.

STEP 2



ADD INSTANT THICK

Whilst stirring, add instant THICK and stir until dissolved.

STEP 3



RE-STIR & ENJOY

Allow to stand and re-stir until desired consistency is reached, before serving[^].

For drink recipes refer to the Mixing Guides at [FlavourCreations.com.au](https://www.FlavourCreations.com.au)

instant THICK Powder PRODUCT RANGE



100g Can



675g Can



1.75kg Pail



Single Serve Sachets

Nutritional Information (Average)		Mildly Thick
Serve Size: 1.9g	Units	Per Serve
Energy	kJ (kcal)	24 (6)
Protein	g	0
Fat, total	g	0
Carbohydrate	g	1.1
Sodium	mg	30
Potassium	mg	4
Phosphorus	mg	3

Ingredients: Maltodextrin (from Corn), Thickener (Xanthan Gum), Erythritol.

[^]For hot beverages, temperature must not exceed 60°C, for consumer safety and comfort.

Food for special medical purposes. Food and drink thickener for the dietary management of dysphagia. Use under medical supervision. For oral consumption only. Not suitable as a sole source of nutrition. Not suitable for children under 1 year of age. Flavour Creations is a gluten and nut free manufacturing environment. All information stated is correct at time of publishing and subject to change without notice.