



AdVital™

ADVANCED NUTRITION

Get the energy and protein you need with AdVital!

AdVital™ is a nutritionally complete powdered supplement formulated to enhance your nutritional intake.



GLUTEN FREE

SUITABLE FOR VEGETARIANS

HIGH IN PROTEIN

WHEY PROTEIN ISOLATE

- ✔ Nutritionally Complete
- ✔ 3.9 kcal per gram
- ✔ 15 g Protein per serve
- ✔ 27 Vitamins & Minerals
- ✔ Add to hot & cold foods & fluids
- ✔ Dissolves quickly & easily

Nutrition Information

		Avg Qty Per Serve	Avg Qty Per 100g	% RDI Per Serve*
Servings per can: 23				
Serving size: 35 g				
Energy		573	1640	
	kcal	138	394	
Protein, total	g	15.1	43.1	
- gluten	mg	Not Detected		
Fat, total	g	2.1	5.9	
- saturated	g	1.9	5.6	
- trans	g	0	0	
Cholesterol	mg	2.0	5.8	
Carbohydrate	g	14.8	42.3	
- sugars	g	4.1	11.8	
- lactose	g	2.7	7.7	
- galactose	g	0	0	
Dietary fibre	g	0	0	
Sodium	mg	68	190	
Vitamin A	µg	220	620	29%
Thiamine (Vit B1)	mg	0.6	1.7	55%
Riboflavin (Vit B2)	mg	0.6	1.6	35%
Niacin (Vit B3)	mg	3.9	11	39%
Folate	µg	66	190	33%
Vitamin B6	mg	0.6	1.7	38%
Vitamin B12	µg	0.9	2.6	45%
Vitamin C	mg	26	75	65%
Vitamin D	µg	4.8	14	48%
Vitamin E	mg	3.9	11	39%
Vitamin K1	µg	26	74	33%
Biotin	µg	11	30	37%
Pantothenic acid	mg	2.0	5.7	40%
Calcium	mg	300	840	38%
Chloride	mg	110	320	
Chromium	µg	19	53	10%
Copper	mg	0.7	1.9	23%
Iodine	µg	42	120	28%
Iron	mg	2.8	7.9	23%
Magnesium	mg	30	85	9%
Manganese	mg	0.6	1.6	12%
Molybdenum	µg	22	63	9%
Phosphorus	mg	87	250	9%
Potassium	mg	160	450	
Selenium	µg	13	37	19%
Zinc	mg	1.6	4.6	13%

* Recommended Dietary Intake.

For the most up-to-date product information, visit advital.com.au

Ingredients

Protein Blend (Whey Protein Isolate, Skim Milk Powder), Maltodextrin (Maize), Medium Chain Triglycerides, Minerals (Calcium, Magnesium, Chloride, Iron, Phosphorus, Zinc, Manganese, Copper, Chromium, Molybdenum, Iodine, Selenium), Vitamins (C, E, B3, A, B5, D3, B1, B12, B6, K1, B2, Folate, Biotin), Soy Lecithin.

Contains milk and soy.

Mixing Instructions

Single Serves

1. Measure 100-200mL of food or fluid (as desired).
2. Add 1 scoop of AdVital.
3. Stir until fully dissolved and consume.
4. Refrigerate any unused portions at 4°C or less for up to 24 hours



Storage Instructions

Store in a cool, dry place out of direct sunlight. Close lid securely after use. Always use clean and dry scoop provided. Consume food or drink and refrigerate any unused portions at 4°C or less for up to 24 hours. Flavour Creations recommends use of the '2 hour / 4 hour rule' for serving vulnerable persons, refrigeration between serving, and discarding any leftover product after 24 hours.

Sole Source of Nutrition

Suitable as a sole source of nutrition. Food for special medical purposes. AdVital is fortified with protein, energy and 27 vitamins and minerals to assist people with weight management. AdVital contains added protein for maintaining and building muscle mass. AdVital is fortified with high levels of calcium & vitamin D to assist with the dietary management of Osteoporosis in individuals greater than 65 years of age. AdVital is high in vitamin D to assist in the dietary management of normal growth and development in Children. **Use under medical supervision. Not for parenteral use. Not suitable for children under 3 years of age unless under medical supervision. For oral consumption only.**



CUSTOMER CARE: To speak with a Customer Service representative call **07 3373 3000**. To order AdVital or find your nearest stockist, and for creative AdVital recipes & serving suggestions, visit advital.com.au

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advital.com.au



SPORTS



CHILDREN



ADULTS



50+

Tired? Busy Lifestyle? Unbalanced Diet?

Any of these can disrupt your vitality. In order to maintain your health and well-being, you need a balance of essential nutrients, vitamins, and minerals.

AdVital™ is a nutritionally complete powder specially formulated by an expert team of scientists and dietitians with an innovative one scoop per serve formula to enhance your nutritional intake when you may not be getting all the nutrition you need from food.

Assist in dietary management

- ✓ Made with Whey Protein Isolate for maximum absorption and easy digestion.
- ✓ High in Protein (15 g Protein per serve) for muscle building and maintenance.
- ✓ High Vitamin D for healthy bone development.
- ✓ 14.8 g carbohydrates per serve and only 4.1 g sugar per serve with no added colours, flavours, or preservatives.
- ✓ Suitable for children 3+ or see your healthcare professional.

Nutritional Benefits

- ✓ Nutritionally complete to help meet your daily requirements.
- ✓ High in Protein (15 g per serve) to help maintain lean muscle.
- ✓ High in Energy (138 kcal per serve).
- ✓ Enriched with 27 Vitamins & Minerals.
- ✓ High in Vitamin D.
- ✓ High in Calcium.
- ✓ Not too salty or sweet, ideal for food fortification.
- ✓ Only 14.8 g carbohydrates per serve with low GI (30) & low GL (4).
- ✓ Medium chain triglycerides, more efficiently metabolised and absorbed than long chain fats¹.

Follow AdVital on
Facebook, Instagram, Twitter and Vimeo
to keep up-to-date with videos, recipes,
articles, photos and much more!



"OMG... mum at 90 years of age is so much brighter and happier [thanks to AdVital] she has regained energy."

Celena R.
Sunshine Coast QLD

Lifestyle Benefits

- ✓ True neutral flavour, ideal for adding to your favourite food and drinks.
- ✓ Does not alter taste or aroma.
- ✓ One scoop per serve, quick, easy & accurate.
- ✓ Mix into hot or cold food and drinks.
- ✓ Dissolves quickly & easily with no lumps.
- ✓ Available in 805 g can & 4.8 kg bulk pail.
- ✓ 23 serves per can & 137 serves per pail.
- ✓ Gluten & nut free.
- ✓ No added colours, flavours or preservatives.
- ✓ Australian made & owned.

¹ Gallagher M.L. (2008) The nutrients and their metabolism. In: Mahan L.K. & Escott-Stump S. (ed) Krause's Food and Nutrition Therapy, 12th Edn, Saunders Elsevier, St. Louis, pp 39-143.

One Scoop Solution



One scoop of AdVital in foods and drinks to improve your daily nutritional intake.
Quick, easy and accurate.
(Small serve size provides more serves in every can.)

True Neutral Flavour



AdVital has a neutral flavour that will mix quickly and easily into your favourite drinks and foods including puddings, casseroles, mashed potato, purees and soup.

AdVital Recipes



With more than 50 delicious and nutritious recipes fortified with AdVital, all of your favourites from Shepherd's Pie to Chocolate Cupcakes! Visit advital.com.au

