



flavourcreations

easythick

The economical, safe and easy way to thicken your foods and drinks

EasyThick has a new improved formula plus more convenient packaging sizes

At Flavour Creations we believe in giving you - our client - the best possible products on the market to help you manage Dysphagia. In order to achieve this, we invest heavily in continuous product development through use of new technology and scientific advances.

As proof of this, our EasyThick range now boasts some significant changes and is better than ever. The new changes include –

- A new improved formula featuring ingredient advances
- Faster dissolving qualities
- Clearer fluids
- New pack sizes based on customer feedback – 1kg can, 4.5kg Bag'n'Box (plus existing single serve sachets available in quantities of 50 or 150)



www.flavourcreations.com.au

Why choose EasyThick?

Used by hospitals and nursing homes throughout Australia, EasyThick **aids hydration** and can be added to all types of **hot and cold drinks and foods**.

EasyThick is **freeze-thaw stable** and ideal for foods that will be frozen then reheated. Once your drink or food is thickened to your desired viscosity, it will **remain stable**.

EasyThick contributes **excellent 'mouth feel'** to foods and beverages without any adverse effects to digestion and **no taste distortion**. There is **no guggy texture**, it **dissolves clear** and it is incredibly **simple to use** and mix into smooth, lump free drinks, soups or pureed foods.

EasyThick does not bind water. It does not cause constipation. It's just a great Australian product that helps our dysphagic individuals. With its clean taste, it's clear why so many leading hospitals rate EasyThick first in **taste, appearance and stability**.

Other benefits of using EasyThick include –

- Economical low dose, fast acting thickener
- Gluten & Lactose free
- Minimal human resources in making up drinks
- More visually appealing = greater patient compliance
- No known interference with medication absorption
- Lower dose = maximum fluid availability
- Australian owned and made
- Minimal waste
- Available in single use and bulk (packs)
- Long shelf life



Nutritional Table

	Average quantity per 185mL serving			Average quantity per 100g
	150 - Mildly Thick Nectar - Level 1 = 1 level tsp	400 - Moderately Thick Honey - Level 2 = 2 level tsp	900 - Extremely Thick Pudding - Level 3 = 5 level tsp	
Energy	42 kJ	84 kJ	209 kJ	1548 kJ
Protein	<1 g	<1 g	<1 g	1.8 g
Fat, total	0 g	0 g	0 g	0 g
- saturated	0 g	0 g	0 g	0 g
- trans	0 g	0 g	0 g	0 g
- polyunsaturated	0 g	0 g	0 g	0 g
- monounsaturated	0 g	0 g	0 g	0 g
Cholesterol	0 mg	0 mg	0 mg	0 mg
Carbohydrate	2.4 g	4.8 g	12 g	88 g
- sugars	<1 g	<1 g	1.5 g	11 g
- lactose	0 g	0 g	0 g	0 g
- galactose	0 g	0 g	0 g	0 g
Dietary fibre	<1 g	1 g	3 g	21 g
Sodium	19 mg	39 mg	97 mg	722 mg
Potassium	4 mg	8 mg	19 mg	142 mg
Gluten	0 mg	0 mg	0 mg	0 mg
Calcium	<1 mg	<1 mg	<1 mg	5 mg

Servings per 1kg Can: 150 - Mildly Thick - Nectar - Level 1 = 370
 400 - Moderately Thick - Honey - Level 2 = 185
 900 - Extremely Thick Pudding - Level 3 = 74
 Made in Australia from local & imported ingredients.

Ingredient declaration: Maltodextrin, Xanthan gum.

Dose Guide

Amount of Fluid	150 - Mildly Thick Nectar Level 1	400 - Moderately Thick Honey Level 2	900 - Extremely Thick Pudding Level 3
185mL	1 teaspoon	2 teaspoons	5 teaspoons
1 Litre	5½ teaspoons	2 tablespoons & 3 teaspoons	6 tablespoons & 3 teaspoons



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